









Resuscitation Chart


Product Images

RESUSCITATION

In an emergency call triple zero (000) for an ambulance



D Danger	<p>Ensure the area is safe for yourself, others and the patient</p> 		
R Response	<p>Check for Response:</p> <ul style="list-style-type: none"> • ask name • squeeze shoulders <table style="width: 100%; border: none;"> <tr> <td style="border-right: 1px solid black; padding: 5px;"> <p>NO RESPONSE send for help</p> </td> <td style="padding: 5px;"> <p>RESPONSE make comfortable, monitor response</p> </td> </tr> </table> 	<p>NO RESPONSE send for help</p>	<p>RESPONSE make comfortable, monitor response</p>
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S Send for help	<p>Call triple zero (000) for an ambulance</p> <p>or ask another person to make the call</p> 		
A Airway	<p>Check airway</p> <p>Open mouth - look for foreign material</p> <table style="width: 100%; border: none;"> <tr> <td style="border-right: 1px solid black; padding: 5px;"> <p>NO FOREIGN MATERIAL</p> <ul style="list-style-type: none"> • leave on back • open airway by lifting chin </td> <td style="padding: 5px;"> <p>FOREIGN MATERIAL</p> <ul style="list-style-type: none"> • place in recovery position • clear foreign material with finger </td> </tr> </table> 	<p>NO FOREIGN MATERIAL</p> <ul style="list-style-type: none"> • leave on back • open airway by lifting chin 	<p>FOREIGN MATERIAL</p> <ul style="list-style-type: none"> • place in recovery position • clear foreign material with finger
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B Breathing	<p>Check for breathing: look, listen, feel</p> <table style="width: 100%; border: none;"> <tr> <td style="border-right: 1px solid black; padding: 5px;"> <p>NOT NORMAL BREATHING start CPR</p> </td> <td style="padding: 5px;"> <p>NORMAL BREATHING</p> <ul style="list-style-type: none"> • place in recovery position • monitor breathing </td> </tr> </table> 	<p>NOT NORMAL BREATHING start CPR</p>	<p>NORMAL BREATHING</p> <ul style="list-style-type: none"> • place in recovery position • monitor breathing
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C CPR 30:2	<p>Start CPR</p> <p>30 chest compressions : 2 breaths</p> <p>continue CPR until help arrives or patient recovers</p> 		
D Defibrillation	<p>Apply defibrillator</p> <p>Turn on the defibrillator and follow voice prompts</p> 		



YOUNG CHILDREN SHOULD BE SUPERVISED WHEN USING THIS SWIMMING POOL.

POOL GATES MUST BE KEPT CLOSED AT ALL TIMES.

KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST 900MM CLEAR OF THE POOL FENCE AT ALL TIMES.

THIS INFORMATION IS NOT A SUBSTITUTE FOR FIRST AID TRAINING. FORMAL INSTRUCTION IS ESSENTIAL. © St John Ambulance Australia 2011

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Description

Offer guidance and clear instructions with First Aid Safety Posters. Easy to follow instructions help in emergency situations.

Additional Information

Brand	St John Ambulance Australia
Safety Sign Type	Safety Posters
Sign Material	Flute
Sign Size	600mm x 450mm